# Massages

# Massages by Mr. Ott

# Back Massage

Relaxing massage of the whole back area with essential oils to support circulation of the blood. approx. 30 min / approx. 45 min  $\$   $\$   $\$  36,- / 54,-

# TAO - Full Body Massage

An aroma massage combining oriental and western massage techniques with elements of the classical massage, Tuina massage and foot reflex zone massage with sedating essential oils.

approx. 60 min € 72,-

# Structural Massage

Treatment of the support and postural muscle groups as well as the deeper set muscle tissue with integrative respiration. approx. 70 min €84.-

# Reflexology Massage

Relaxing reflex foot massage aiming at harmonising the reflex zones.

approx. 30 min € 36,-

#### Chakra-Balancing Treatment

Energetic treatment for the harmonisation of the energy vortex and for relaxation and balancing of body, spirit and soul.

approx. 45 min € 54,-

# Lymphoi – Reflex Zone Treatment

Stimulation of the lymphatic system over the foot reflex zone. approx. 30 min € 36,-

# Massages by Mrs. Zeis

#### Gemstone Energy Massage for Face & Back

approx. 60 min. € 69.-

This relaxing massage with gemstones and valuable oil is not only a physical, but also a mental pleasure.

Full Body Massage with Aroma Oil approx. 60 min. € 69,-

# Hand and Foot Massage / Foot Zone Massage

Pleasant, relaxing massage with soothing oil. approx. 45 min. € 54,-

#### Skin like Velvet and Silk

Full body peeling with silk gloves and afterwards

- Aroma oil back massage approx. 60 min. € 69,-- Aroma oil full body massage approx. 90 min. € 99,-

#### Holistic-Pulsing

The application, carried out in comfortable clothing, is suitable for people of all ages dealing with any kind of stress, restlessness and constant tension. Ultimately, leading to deep well-being.

approx. 60 Min. € 75,-

# Indian Head Massage

The massage includes the upper back, shoulders, neck, scalp, face, ears and can help relieve pain in these regions. It will be with just little oil and carried out sitting on a chair.

approx. 60 Min. € 69,-

# Singing Bowl Massage

Selected singing bowls are placed on specific areas of the body and made to sound. Vibrations, sound oscillations and overtones envelop the body, penetrate the body water, the tissue and the cells. Tensions in body and mind are released. People come into harmony!

approx. 45 Min. € 54,-

# Lomi Lomi Nui - Traditional Hawaiian Oil Massage

This massage with warm coconut oil conveys a unique feeling of well-being, both inside and outside. It balances body energies, stimulates the inner healing power and goes deeply into the tissue. It gives the chance to let go of old experiences and behavior patterns and make room for new ones.

approx. 90 Min. € 99,approx. 120 Min € 119,-

# Massage Cocktails - Relaxation from Head to Toe

- 1) Indian head massage Lomi Lomi back massage hand foot massage
- 2) Indian head massage foot zone or hand foot massage
- 3) Back Special Head Shiatsu

approx. 90 Min. € 99,-

#### Meridian Wellness Massage - Relaxation for Body, Mind and Soul

The meridians power various structures of our body such as organs, glands, joints and also feelings and emotions. This massage with aromatic oil helps harmonising our energy system and bring the body into balance. approx. 90 Min. & 99,-

# Back Massage Special

Relax your tense back, shoulder and neck muscles with a combination of different massage techniques. approx. 45 Min. & 54.-

# Shiatsu (Back, Shoulder, Neck, Head, Face)

A sensitive finger pressure massage for soothing relaxation of body and mind after strenuous mental work, when having stress, headaches, tension in the back and shoulders and neck area. (In comfortable clothes, without oil)

approx. 60 Min. € 69,-

# **Energy Treatments**

# Quantum Chiropathy

Energetic body alignment. approx. 60 min. € 75,-

Free cancellation of an appointment no later than 24 hours before the start of the treatment on 09131 / 1220.

Mrs. Zeis and Mr. Ott will be happy to advise you and will put together individual treatments for you upon request. All treatments do not replace a visit to the doctor or alternative practitioner. No promises of healing are made. This applies to all treatments offered.

at Hotel Luise

Stand 01.12.23